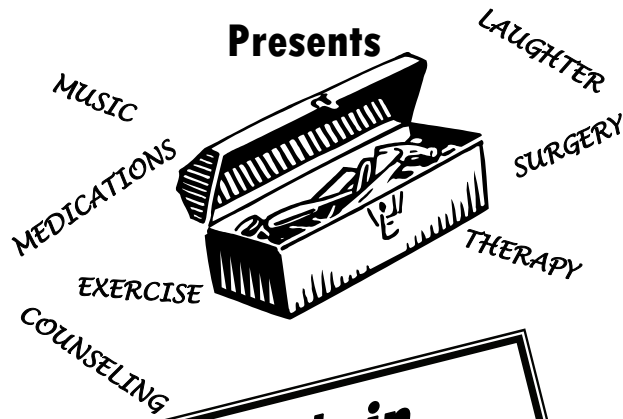


2401 S 31st St
5 South Circle, room 542
Temple TX 76508
Phone: 254-724-6505
Fax: 254-724-8086

 SCOTT & WHITE | Plummer Movement Disorders Center

 SCOTT & WHITE | Plummer Movement Disorders Center
A NATIONAL PARKINSON FOUNDATION CARE CENTER



What's in Your PD Toolbox?

5th Annual Community Parkinson's Disease Symposium

Date: Saturday May 16, 2009
Time: 8:45 a.m. to 3:30 p.m.

Symposium is **FREE OF CHARGE** thanks to the support of our community **SPONSORS & EXHIBITORS**

Scott & White Mayborn Auditorium
A&M Medical Education Center
2401 S. 31st Street
Temple, Texas

S&W PMDC COMMUNITY SYMPOSIUM

What's in Your PD Toolbox?

Saturday, May 16, 2009

The Plummer Movement Disorders Center's (PMD) 5th Annual Community Parkinson's Disease Symposium will allow our National Parkinson Foundation (NPF) Center an opportunity to reach out and educate Central Texans about coping with PD .

Dr. Joohi Shahed, movement disorders specialist and PMDC co-director, will provide tools for Medical Management. Dr. Jacqueline Phillips, the Center's Neuropsychologist, will tell us how a surgical tool, Deep Brain Stimulation (DBS), can help some with PD and other movement dis-

orders. Our guest speakers this year will enlighten us on music and humor as essential tools in our box. They are Maestro David Dworkin, developer of **Conductorcise**, an exercise program to symphony music, and John Brissette, who deals with his Parkinson's Disease with humor, and has written a book, "What's Shakin." And of course our Interdisciplinary Team of highly qualified therapists will provide more tools to improve quality of life.

Attendees will be offered refreshments, lunch, and an afternoon snack at no charge.

Driving Directions to Scott & White Memorial Hospital 2401 S. 31st Street, Temple, TX

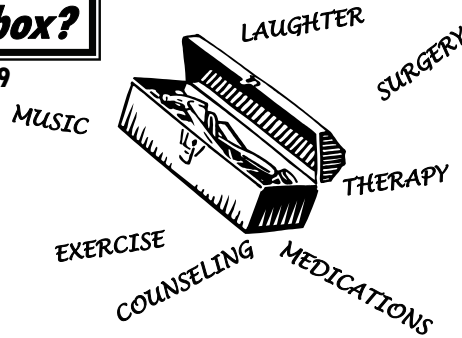
From I-35 N
Take Exit 301, Adams/Central
Turn left to Head east on Central
Cross over I-35
Stay to right and turn right on 31st Street (there are 2 lanes to turn from)
Continue on 31st until you pass the front of S&W Hospital on your left
Turn left on Emergency Drive
Follow the signs to the Mayborn Auditorium in the A&M Medical Education Center

From I-35 S
Exit at Highway 190 E, Loop 363, Hwy 36 (lots of construction)
Travel E to 31st St Exit/Thornton Road (it's around a bend, so don't miss it (ignore sign that says 2nd right to hospitals)
Bear R onto Access Road (Thornton Rd) to 31st St.
Turn left onto 31st Street, cross over Loop 363/190/36
Turn right on Emergency Drive
Follow the signs to the Mayborn Auditorium in the A&M Medical Education Center

PROGRAM

What's in Your PD Toolbox?

Saturday, May 16, 2009



- 8:45 to 9:30 **Registration/Exhibits**
- 9:30 to 9:35 **Opening Remarks**
Patricia Simpson, MHSM, RN
- 9:35 to 10:30 **Conductorcise, a program of athletics & aesthetics**
Maestro David Dworkin, Symphony Conductor
- 11:30 to 12:10 **Tools for Medical Management**
Joohi Jimenez-Shahed, M.D.
- 12:10 to 12:50 **Lunch/Exhibits**
- 12:50 to 1:20 **Keep Moving—Plug into the Power of Music**
Dominic Salazar, Physical Therapist
Kathleen Brown, Board-Certified Music Therapist
- 1:20 to 2:00 **DBS—The Right Tool?**
Jacqueline Phillips-Sabol, PhD, ABPPN-CN
- 2:00 to 2:15 **Charge Your Drill - Don't Stand Still**
Christy Herff, LMSW
- 2:15 to 2:30 **Break/Exhibits**
- 2:30 to 3:00 **Creative Ideas for Living with PD—Let Your Voice be Heard**
Kyla Sherrard, PhD, SP
Chris Wilson, Occupational Therapist
- 3:00 to 3:30 **Reach for the Stars**
John Brisette, Humorous Speaker

GUEST FACULTY

Maestro David Dworkin has had a 40-year career as a symphony conductor and clarinetist, stretching from youth orchestras and the American Symphony to the Metropolitan Opera and PBS-TV.

John Brisette, who just happens to have Parkinson's Disease, is author of "What's Shakin', an Insider's Look at the Humorous Side of Parkinson's Disease."

SCOTT & WHITE FACULTY

Joohi Jimenez-Shahed, MD
Co-Director Plummer Movement Disorders Center
Movement Disorders Specialist

Jacqueline Phillips-Sabol, PhD, ABPP-CN
Director, Division of Neuropsychology
Neuropsychologist

Dominic Salazar
Physical Therapist

Kathleen Brown, BMed, MT-BC, NMT
Community Outreach Liaison

Christina Herff, LMSW
PMDC Social Worker

Kyla Sherrard, PhD
Otolaryngology, Speech Language Pathologist

Chris Wilson, OT
Occupational Therapist

PLANNING COMMITTEE

Patricia Simpson, MHSM, RN, PMDC Manager
Kathleen Brown, BMed, MT-BC, Community Outreach
Christina Herff, LMSW, PMDC Social Work
Elmyra Encarnacion, MD, PMDC Director
Joohi Jimenez-Shahed, MD, PMDC Co-Director

REGISTRATION FORM

Name (s) _____

Address _____

City _____

State/ZIP _____

Phone _____

Email _____

Number of persons attending _____

- Person with Parkinson's
- Carepartner/family member
- Professional care provider
- Other

Please specify _____

How did you hear about this symposium?

SYMPOSIUM IS FREE OF CHARGE

Registration available onsite, but advance registration is required by May 11 to be guaranteed a complimentary box lunch.

Call: 254.724.6065

FAX to: 254.724.8086

Or email: PMDC@swmail.sw.org

What's in Your PD Toolbox?

Saturday, May 16, 2009