This conference will briefly review the healthy anatomy and physiology of the shoulder, arm and hand, and present case studies of patients who have been or are being treated for cervical dystonia, corticobasilar degeneration, rotator cuff repair, as well as dysfunction of the hand. Therapies used in Occupational Therapy, Physical Therapy and Physical Medicine and Rehabilitation for musculoskeletal disorders, including Botox and EMG treatments, will be discussed as well as the integration of massage therapy in the care of these patients.

Anyone involved in the care and treatment of upper extremity dysfunction, particularly massage therapists, who are interested in providing massage as an adjunct modality in a clinical environment are invited to attend.

The conference will be held in the Scott & White Conference Center on the Scott & White campus. Maps will be included in the confirmation letters.

Upon conference completion, participants should be able to:

- Examine the variations of healthy and dysfunctional tissue.
- Differentiate range of motion and mobility.
- Identify several root causes of upper extremity dysfunction.
- Recognize contributing factors of upper extremity dysfunction from a holistic perspective.
- Discuss contraindications and precautions when working with patients diagnosed with musculoskeletal disorders.
- Describe the clinical syndrome of cervical dystonia.
- Discuss medical and massage treatments for cervical dystonia.

PROGRAM DESCRIPTION

Massage Therapy Conference: REACHING OUT: UPPER EXTREMITY DYSFUNCTION
July 20, 2012

7:30 - 8:00 Registration/Continental Breakfast
8:00 - 8:10 Welcome/Announcements
   Melinda LaPrade, MSN, RN
8:10 - 9:10 Healthy Structure and Function of Upper Extremities
   Sandra Turpin, AGS, LMT
9:10 - 9:30 Break
9:30 - 10:30 Cervical Dystonia: Medical and Massage Treatments
   Paul Friedman, MD
10:30 - 11:30 Fundamentals of Hand Rehabilitation
   Jaime Ortiz, OTR, CHT
11:30 - 12:30 Lunch – on your own
   (optional brown bag available)
12:30 - 1:30 Case Study: Cervical Dystonia
   Sandra G. Turpin, AGS, CMT
1:30 - 2:30 Case Study: Corticobasilar Degeneration
   Sandra G. Turpin, AGS, CMT
2:30 - 2:50 Break
2:50 - 3:50 Shoulder Injuries
   Laura Neuman, PT, DPT
3:50 - 4:50 Musculoskeletal Disorders
   Jaime Ortiz, OTR, CHT
4:50 - 5:00 Evaluation/Certificates

CONTINUING EDUCATION

TDSHS statement – The Texas Department of State Health Services has approved this program for 8 clock hours of continuing education for licensed massage therapists.

REGISTRATION FORM

Name ____________________________
Position/Credentials ____________________________
Employer ____________________________
Home Address ____________________________
City __________________ State __________ Zip __________
Daytime Phone ____________________________
E-mail Address ____________________________
Month & Day of Birth ____________________________

I give my permission for my name, address and email address to be included in a networking list with other massage therapists at this conference. Yes No

__________ Tuition $80.00
__________ Optional Brown Bag Lunch ($7.50)

You can now register on-line via credit card.

Please go to www.regonline.com/massagetherapy

You may also pay by check. Please include a check for $80.00 ($87.50 if ordering optional brown bag lunch) made payable to Scott & White. Tuition includes refreshments and course materials. Advance registration is requested by July 6, 2012. For more information, please call (254) 724-4798 or email CNERegistrar@swmail.sw.org.

Mail registration form with payment to:
Scott & White Hospital
CNE: Nursing Professional Development
MS-26-A431
2401 S. 31st Street
Temple, Texas 76508

PROGRAM

Massage Therapy Conference: REACHING OUT:
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OBJECTIVES

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SCOTT & WHITE FACULTY

Paul Friedman, MD
Physical Medicine and Rehabilitation
Scott & White Memorial Hospital & Clinic
Assistant Professor, Physical Medicine and Rehabilitation
Texas A&M HSC College of Medicine

Laura Neuman, PT, DPT
Staff Physical Therapist
Scott & White Memorial Hospital & Clinic

Jaime Ortiz, OTR, CHT
Lead Occupational Therapist
Hand Therapy Clinic
Scott & White Memorial Hospital & Clinic

Sandra Turpin, AGS, CMT
Clinical Massage Therapist
Scott & White Memorial Hospital & Clinic

COORDINATOR

Melinda LaPrade, MSN, RN
Continuing Nursing Education Coordinator

Massage Therapy Conference:
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UPPER EXTREMITY DYSFUNCTION

July 20, 2012

Visit our web page: ce.sw.org