

## LONG-TERM CARE MAP FOR NEUROMUSCULAR/TONE

AGE	ACTION/INTERVENTION	RESPONSIBLE PERSON	OUTCOME
NEWBORN	1) Texas Health Steps/newborn--follow-up-born at Scott and White. 2) Texas Health Steps/1-2 weeks follow-up.	1) PCP/Pediatrician, Nurse. 2) PCP/Pediatrician, Nurse.	1) Routine follow-up, well baby check. 2) Routine follow-up, well baby check.
NEWBORN-20 YEARS OF AGE	1) Diagnosis of disorder/assessment.	1) Referral from PCP / Pediatrician or Pediatric Specialist to Neuromuscular / Tone Team (contact person: Team Coordinator).	1) Schedule pre-team assessment appointments.
2 MONTHS	1) Texas Health Steps/2 month medical follow-up.	1) PCP/Pediatrician, Nurse.	1) Well baby check.
4 MONTHS	1) Texas Health Steps/4 month medical follow-up. 2) Medical record review.	1) PCP/Pediatrician, Nurse. 2) Team Coordinator.	1) Well baby check. 2) Tracking/monitoring.
6 MONTHS	1) Texas Health Steps/6 month medical follow-up. 2) Medical record review.	1) PCP/Pediatrician, Nurse. 2) Team Coordinator.	1) Well baby check. 2) Tracking/monitoring.
9 MONTHS	1) Texas Health Steps/9 month medical follow-up. 2) Medical record review.	1) PCP/Pediatrician, Nurse. 2) Team Coordinator.	1) Well baby check. 2) Tracking/monitoring.
12 MONTHS/1 YEAR	1) Texas Health Steps/1 year medical follow-up. Establish dental care. 2) Medical record review.	1) PCP/Pediatrician, Nurse, Dentist/Hygienist. 2) Team Coordinator.	1) Well baby check. Dental check. 2) Tracking/monitoring
1-3 YEARS	1) Team visits begin. Family completes Needs & Concerns form & Information Questionnaire/Update.	1) Pedi-Neurology, Pedi-GI, PM&R, Physical Therapy, Team Coordinator (referrals as needed).	1) Establishment of the Comprehensive Treatment Plan. Review Needs & Concerns form & Information Questionnaire/Update. Schedule therapy treatment & follow-up visits as discussed with family.

1-20 YEARS	<p>1) Possible treatment interventions may include stretching program, bracing, nutritional evaluation &amp; rehabilitation, as clinically indicated, neuroimaging until after puberty, etc. Team visits will be at least annually but may be at 3, 4, or 6 month intervals as recommended by Team members.</p> <p>2) Additional referrals as needed for vision/hearing exams.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy and/or referrals to other disciplines as needed per diagnosis.</p> <p>2) Referral by PCP / Pediatrician to Ophthalmologist and/or Audiologist as needed.</p>	<p>1) Schedule corrective therapies, appointments and/or equipment needs.</p> <p>2) Follow-up by Ophthalmologist and/or Audiologist at least annually unless otherwise specified.</p>
18 MONTHS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
2 YEARS/24 MONTHS	<p>1) Texas Health Steps/medical and dental follow-up.</p> <p>2) Medical record review.</p>	<p>1) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Well child check. Dental check.</p> <p>2) Tracking/monitoring.</p>
2 ½ YEARS/30 MONTHS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
3 YEARS/36 MONTHS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
3 ½ YEARS/42 MONTHS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>

4 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
4 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
5 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
5 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
6 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
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7 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
7 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
8 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
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9 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
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10 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
10 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
11 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
11 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
12 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
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13 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
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14 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
14 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
15 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
15 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>

16 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
16 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
17 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>
17 ½ YEARS	<p>1) Texas Health Steps/dental.</p> <p>2) Medical record review.</p>	<p>1) Dentist/Hygienist.</p> <p>2) Team Coordinator.</p>	<p>1) Dental check.</p> <p>2) Tracking/monitoring.</p>
18 YEARS	<p>1) Annual team visit. Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Review Needs &amp; Concerns form &amp; Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family.</p> <p>2) Well child check. Dental check.</p> <p>3) Tracking/monitoring.</p>

18 ½ YEARS	1) Texas Health Steps/dental. 2) Medical record review.	1) Dentist/Hygienist. 2) Team Coordinator.	1) Dental check. 2) Tracking/monitoring.
19 YEARS	1) Annual team visit. Family completes Needs & Concerns form & Information Questionnaire/Update. 2) Texas Health Steps/medical and dental follow-up. 3) Medical record review.	1) Pedi-Neurology, Pedi-GI, PM&R, Physical Therapy, Team Coordinator (referrals as needed). 2) PCP/Pediatrician, Nurse, Dentist/Hygienist. 3) Team Coordinator.	1) Establish Comprehensive Treatment Plan. Review Needs & Concerns form & Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family. 2) Well child check. Dental check. 3) Tracking/monitoring.
19 ½ YEARS	1) Texas Health Steps/dental. 2) Medical record review.	1) Dentist/Hygienist. 2) Team Coordinator.	1) Dental check. 2) Tracking/monitoring.
20 YEARS	1) Annual team visit. Family completes Needs & Concerns form & Information Questionnaire/Update. 2) Texas Health Steps/medical and dental follow-up. 3) Medical record review.	1) Pedi-Neurology, Pedi-GI, PM&R, Physical Therapy, Team Coordinator (referrals as needed). 2) PCP/Pediatrician, Nurse, Dentist/Hygienist. 3) Team Coordinator.	1) Establish Comprehensive Treatment Plan. Review Needs & Concerns form & Information Questionnaire/Update. Schedule therapy treatment follow-up visits as discussed with family. 2) Well child check. Dental check. 3) Tracking/monitoring.
20 ½ YEARS	1) Texas Health Steps/dental. 2) Medical record review.	1) Dentist/Hygienist. 2) Team Coordinator.	1) Dental check. 2) Tracking/monitoring.



<p>1-21 YEARS</p> <p><b>Final team visit</b> occurs anytime a patient no longer requires services from <b>ALL</b> of the Neuromuscular/Tone Team Specialists.</p>	<p>1) <b>Final team visit.</b> Family completes Needs &amp; Concerns form &amp; Information Questionnaire/Update. Discuss transition from Team to independent pediatric or adult services as age appropriate.</p> <p>2) Texas Health Steps/medical and dental follow-up.</p> <p>3) Medical record review.</p>	<p>1) Pedi-Neurology, Pedi-GI, PM&amp;R, Physical Therapy, Team Coordinator (referrals as needed).</p> <p>2) PCP/Pediatrician, Nurse, Dentist/Hygienist.</p> <p>3) Team Coordinator.</p>	<p>1) Establish Comprehensive Treatment Plan. Dismiss from team. Transition/refer to appropriate age independent pediatric or adult services.</p> <p>2) Medical check. Dental check.</p> <p>3) Tracking/monitoring.</p>
<p>1-21 YEARS</p>	<p>1) <b>The following may also lead to dismissal from the team:</b></p> <p>a) Failure to follow plan of care.</p> <p>b) Consistently not keeping Team Day Clinic appointments.</p> <p>c) Consistently not keeping appointments with individual specialists.</p>	<p>1) Team specialists, other physicians, Team Coordinator.</p>	<p>1) Assistance with transition to independent physicians or specialists.</p>